

## **PODOLOGY CONSULTATION**

Diagnosis and identification of the problem, full explanation of causes and effects, treatment prognosis, and presentation of therapy options along with cost estimation.

**Time: 15 min | Price: €25**

## **SPECIALIST PODOLOGY TREATMENT**

Nail trimming and care, cleaning of nail folds, removal of calluses and hyperkeratosis (hard skin) on the soles and heels. Includes dressings and pressure relief, with optional treatment of thickened nails.

**Time: 30–60 min | Price: €65–€90**

## **HYPERKERATOSIS REMOVAL**

Removal and treatment of pathological hard skin, including cracked heels and corns, with application of specialist pressure relief.

**Time: 60 min | Price: €65–€80**

## **CORN REMOVAL**

Removal of one or multiple corns with therapeutic treatment and active dressings.

**Single corn: 30 min | €50**

**Multiple corns: 30–45 min | €60–€75**

## **HPV WART (VERRUCA) REMOVAL**

Removal of lesions with treatment using natural, chemical, or electrocoagulation methods, followed by active dressings.

**Single wart: 30 min | €45 + medication cost**

**Multiple warts: 30–45 min | €55–€65 + medication cost**

## **HEALTHY NAIL CARE (TRIM & TREATMENT)**

Proper trimming of healthy toenails (without pathological changes), cuticle care, and cleaning of nail folds.

**Time: 30 min | Price: €55**

## **TREATMENT OF 1–2 DISEASED NAILS**

Cleaning and treatment of nails affected by conditions such as trauma, dystrophy, onycholysis, fungal infection, thickening, or age-related changes.

**One nail: 30 min | €60**

**Each additional nail: +€15**

## I. PODOLOGY

### NAIL RECONSTRUCTION

Cleaning and reconstruction of a mechanically damaged but otherwise healthy nail.

**Time: 30 min | Price: €55**

**Each additional nail: +€15**

## II. ORTHONYXIA (INGROWN TOENAIL TREATMENT)

### ORTHONYXIA CONSULTATION

Assessment of the ingrown nail condition, analysis of causes, selection of brace method, and development of a treatment plan.

**Time: 15 min | Price: €25**

### INGROWN TOENAIL THERAPY (FIRST VISIT)

Treatment of nail pathology, removal of the irritating element, wound cleaning, tamponade, and application of an active dressing.

**Time: 15–30 min | Price: €65 + medication cost**

### ORTHONYX BRACE APPLICATION (1 NAIL)

Application of a professional brace (e.g. Fraser UV, Unibrace, Titanium), including nail cleaning, dressing, and post-treatment protection.

**Time: 30–45 min | Price: €75**

### ARKADA METHOD (BIG TOE)

An invasive correction method that restores the natural shape and growth direction of the nail in a single visit. Can accelerate treatment by up to 6 months.

**Time: 60–120 min | Price: €95 + brace**

### ORTHONYXIC THERAPY CONTROL – BASIC

Monitoring the current condition, reapplication of active agents, cleaning, and dressing or tamponade change.

**Time: 20–30 min | Price: €45**

### ORTHONYXIC THERAPY CONTROL – EXTENDED

Monitoring progress and reapplication of a new orthonyx brace if required (e.g. due to wear or therapy adjustment).

**Time: 40–60 min | Price: €65**

### III. ORTHOPODOLOGY & TESTS

#### ORTHOPODOLOGICAL CONSULTATION

Comprehensive diagnosis including cause and effect analysis, treatment planning, and prognosis.

**Time: 30 min | Price: €55**

#### INDIVIDUAL RELIEF INSERTS (EXPRESS)

Custom inserts made during the visit to relieve pressure points and support the effectiveness of therapy.

**Time: 20 min | Price: €45**

#### CUSTOM ORTHOPEDIC INSOLES (3D ASSESSMENT)

Full biomechanical assessment to determine individual issues and treatment, including a 3D scan and foot analysis to create custom insoles.

**Time: 60 min | Price: €190**

### IV. LABORATORY TESTS

#### MATERIAL COLLECTION + MYCOLOGICAL TESTING

Collection of samples (scrapings), quick direct examination, and mycological testing with culture to identify fungal infection and its type.

**Time: 15–20 min | Price: €40**

#### MATERIAL COLLECTION + MYCOLOGICAL TESTING + MYCOGRAM

Extended testing including fungal identification and determination of sensitivity to antifungal treatments.

**Time: 15–20 min | Price: €45**

### V. PLANTAR FASCIITIS

#### PLANTAR FASCIITIS THERAPY

Application of Shockwave Therapy, Laser Therapy, and Taping techniques to reduce pain, inflammation, and support healing.

**Time: 1 hr | Price: €70**



**CCTV IN  
OPERATION**  
24 HOUR  
RECORDING  
IN PROGRESS

**REGENERIS FOOT HEALTH CLINIC**

# **OPENING HOURS**

Monday: HOME VISITS ONLY

Tuesday: 9am - 6pm

Wednesday: 9am - 7pm

Thursday: 9am - 6pm

Friday: 9am - 7pm

Saturday: 9am - 2pm

Sunday: CLOSED

**EMERGENCY APPOINTMENT**

**AVAILABLE: 089 4326187**